

# Regina Transition House



HELP US BUILD A COMMUNITY WHERE WOMEN &  
CHILDREN LIVE VIOLENCE AND ABUSE FREE

## NEW! Pet-Friendly Shelter Program

This year we started up a Pet Friendly Emergency Shelter Program here at Transition House. We rented two off-site pet friendly spaces starting in August, one of these two spaces wasn't ready for use until October. Kaitlin Funke, who was previously a domestic violence counsellor with us, has stepped into the role of Pet Friendly Shelter Coordinator. We have had 5 clients or families so far, all with 1 or 2 cats each, come through the program. We keep a waitlist of clients with pets who call our crisis line and are able to accept direct referrals from outside agencies and services. Awareness about the program is building. We continue to adapt our program and seek ways that we can respond to clients with pets on an all hours basis. We also look forward to using our partnerships, such as a program for dogs with Hydeout Dog Training and veterinary services with Regina Humane Society. There was a successful fundraiser with SOFIA House in October, The Safe Paws Gala, to raise money for both pet friendly programs. Stephanie and Kaitlin presented at the PATHS provincial conference on the program. We have secured funding until September and will continue serving clients off the pet friendly waitlist in that time.



Guest Therapy Dog Dexter  
from St. John's Ambulance at  
the Safe Paws Gala

#givealittlechangealot

# We Love Our Volunteers

As 2022 winds down, we would be remiss to not give a shout-out to the community organizations and businesses who so graciously volunteered their time and resources to Transition House and our needs. They stepped up, ready to (literally) get their hands dirty with whatever tasks they were given. And so a huge thank you goes out to Krista and the CanadaLife Reinsurance team for doing our fall yard cleanup this year. Twyla and the CanadaLife Reinsurance Outreach Committee also provided funding that allowed us to replace most of our beds in the shelter as well as our oven! Thank you also to Chantelle and her crew at SaskCentral for coming in and doing some deep cleaning inside our shelter, it was so appreciated. Ann, who represents the Royal Purple stopped by with some lovely care packages to share with our clients. I am also awaiting the arrival of 27 gift bags being made up by Roxanne and her co-workers at Westridge Construction. And last but not least, thank you to Julie and the Farm Credit Canada crew, who will be doing some Holiday baking for us. It will go a long way to helping provide our families some extra cheer this Season. Folks like you make my job easier, and I would like to take this opportunity to wish you all a very Merry Christmas, and a joyous holiday season with your loved ones. I hope to see you all again in the New Year.

– Allison Brock, Shelter Coordinator

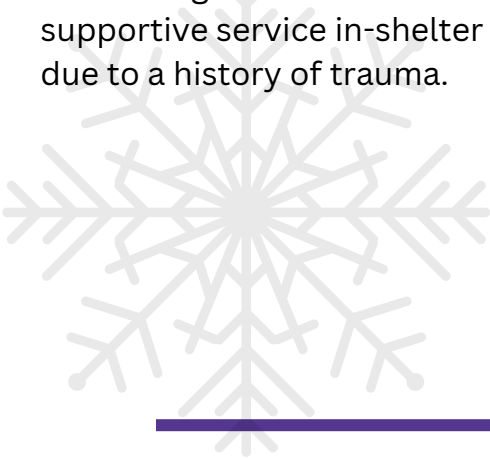
**Co-op Refineries CREST committee donated an amazing \$15,362.90 from collecting recyclables in their workplace over several months**



In honour of Purple Thursday (October 20th), an Awareness Day about the connection between Intimate Partner Violence and the common experience of Brain Injury, the local Canadian Royal Purple lodge donated care packages for our clients. They also sponsored keynote speaker Nneka MacGregor to speak on her research regarding Intimate Partner Violence and Traumatic Brain Injury at the PATHS (Provincial Association of Transition Houses and Services) conference that day. Several of Regina Transition House's team members attended the conference and enhanced our own knowledge and awareness on the topic.

# We are Looking for a New Addiction's Support Worker

Our Addiction's Support Worker and Emergency Outreach Worker positions became vacant recently. Our new Emergency Outreach Services worker Christa (from our Domestic Violence Counsellor pool) will be taking over that post during December. We are looking for our new Addiction's Support Worker candidate to provide this added supportive service in-shelter to our clients who are struggling with substance misuse due to a history of trauma.



## DONATE!

If you would like to help out by donating your time, or by purchasing some of the items on our wish list (which can be found on our website at [reginatransitinhouse.ca/wish-list](http://reginatransitinhouse.ca/wish-list)), please contact Allison at (306)337-2813.



### Most Needed

- **Kids winter jackets**
- Children's underwear
- Women & children's socks
- Warm mitts for playing in the snow (water resistant)
- Diapers - Sizes 5 & 6
- Full size - shampoo, conditioner, body wash and deodorant

#givealittlechangealot